Healthy Relationships Bias Activity

Lesson Plan

Essential Question:

Am I in a healthy relationship?

Objective:

* Students will be able to identify characteristics and behaviors of a healthy relationship.
* Students will be able to determine if their own relationships are considered healthy.

Instruction:

Teacher will print and give the advisor students attached handout labeled Healthy Relationships Bias Activity.

Teacher will bring up the attached PowerPoint, and instruct students as a group to answer the statements on the handout.

Teacher will have a discussion about healthy relationships using the PowerPoint following the Bias Activity.

Tips:

Students will raise their hands in order to discuss a statement.

You can also use this activity physically and have students move from one side of the room to the other based on the answers on their handout. This can be successfully done by placing “yes” and “no” signs on opposite walls, and use “???” in the center of the room for students who selected “I don’t know” for handout answers.